

OVERDOSE ALERT



Date: April 28th, 2021

Extended Overdose Alert in Waterloo Region

- This alert is an extension of the Overdose Alert released on February 10th, 2021. The unregulated supply is inconsistent and dangerous. Substances may be stronger than expected and/or contain substances that cause unexpected reactions. Dangerous drugs continue to circulate locally causing an increased risk of overdose.
- There are reports of a substance that is circulating locally that is causing unusual overdose symptoms. *Stiffness, chest wall rigidity, and clenched jaw muscles* have been reported. There is no colour of drug associated with these adverse effects but it has required an increased administration of naloxone.
- Opioids like fentanyl are “downers” and can increase the risk of overdose.
- Please be careful and stay safe. Use at the Consumption & Treatment Services (CTS) site at 150 Duke Street West (Open 7 days a week, 9am-9pm, 8:30 last call) or use with someone you trust. Keep naloxone with you and know how to use it.

IF SOMEONE OVERDOSES:

1. Call 911
2. Administer naloxone if an opioid overdose is suspected
3. Do not give stimulants (e.g. crystal meth) as this can make the overdose worse
4. Continue to assist victim until paramedics arrive
5. The victim should accompany paramedics to hospital

IF USING SUBSTANCES:

- Never use substances alone
- Try a very small amount first
- If you use with a friend do not use at the exact same time
- Avoid mixing substances
- Have naloxone ready. Know how to respond to an overdose.

GET FREE NALOXONE

Region of Waterloo Public Health – 519-575-4400. For other locations in Waterloo Region, click [here](#).

Spokesperson for this alert: - Violet Umanetz – Consumption and Treatment Services

Visit us at www.waterlooregiondrugstrategy.ca

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