

OVERDOSE ALERT



Date: February 10th, 2021

Extended Overdose Alert in Waterloo Region

- This alert is an extension of the Overdose Alert released on February 3rd, 2021.
- There have been 41 suspected overdoses from January 31st – February 6th and 6 suspected opioid overdose deaths since February 1st, 2021. Three of these suspected overdose deaths were in the last 16 hours.
- Substances may be stronger than expected and/or contain substances that cause unexpected reactions. Dangerous drugs continue to circulate locally causing an increased risk of overdose.
- Opioids like fentanyl are “downers” and can increase the risk of overdose.
- Please be careful and stay safe. Use at the Consumption & Treatment Services (CTS) site at 150 Duke Street West (Open 7 days a week, 9am-9pm, 8:30 last call) or use with someone you trust. Keep naloxone with you and know how to use it.

IF SOMEONE OVERDOSES:

1. Call 911
2. Administer naloxone if an opioid overdose is suspected
3. Do not give stimulants (e.g. crystal meth) as this can make the overdose worse
4. Continue to assist victim until paramedics arrive
5. The victim should accompany paramedics to hospital

IF USING SUBSTANCES:

- Never use substances alone
- Try a very small amount first
- If you use with a friend do not use at the exact same time
- Avoid mixing substances
- Have naloxone ready. Know how to respond to an overdose.

GET FREE NALOXONE

Region of Waterloo Public Health – 519-575-4400. For other locations in Waterloo Region, click [here](#).

Spokesperson for this alert: Brenna Bonn- Waterloo Regional Police Services

Visit us at www.waterlooregiondrugstrategy.ca

Follow us on Twitter for overdose alert updates: @DrugStrategyWR



WaterlooRegion
Integrated Drugs Strategy