

# OVERDOSE ALERT



**Date: July 28th, 2021**

## **4 Suspected Overdose Deaths in Waterloo Region**

- There has been an increase in suspected opioid overdose deaths in Waterloo Region. Between July 17<sup>th</sup> and July 27<sup>th</sup> there has been 4 suspected opioid overdose deaths.
- There are no reports of a specific colour of substance circulating. Please be aware that the unregulated supply is inconsistent and dangerous. Substances may be stronger than expected and/or contain substances that cause unexpected reactions. Dangerous drugs continue to circulate locally causing an increased risk of overdose.
- Opioids like fentanyl are “downers” and can increase the risk of overdose.
- Please be careful and stay safe. Use at the Consumption & Treatment Services (CTS) site at 150 Duke Street West (Open 7 days a week, 9am-9pm, 8:30 last call) or use with someone you trust. Keep naloxone with you and know how to use it.

### **IF SOMEONE OVERDOSES:**

1. Call 911
2. Administer naloxone if an opioid overdose is suspected
3. Do not give stimulants (e.g. crystal meth) as this can make the overdose worse
4. Continue to assist victim until paramedics arrive
5. The victim should accompany paramedics to hospital

### **IF USING SUBSTANCES:**

- Never use substances alone
- Try a very small amount first
- If you use with a friend do not use at the exact same time
- Avoid mixing substances
- Have naloxone ready. Know how to respond to an overdose.

### **GET FREE NALOXONE**

**Naloxone kits are free and available for pickup at locations across Waterloo Region.**

For pickup at public health or a community partner location, click [here](#) or call 519-575-4400.

For other locations in Waterloo Region and across Ontario, click [here](#).

**Spokesperson for this alert:** Waterloo Regional Police Services

Visit us at [www.waterlooregiondrugstrategy.ca](http://www.waterlooregiondrugstrategy.ca)

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**WaterlooRegion**  
Integrated Drugs Strategy