

OVERDOSE ALERT



Date: November 19, 2021

Increase in unexpected adverse reactions

- Emergency Services in Waterloo Region have responded to an increased number of calls related to dangerous and unexpected reactions following drug use.
- There are no reports of a specific colour of substance circulating. Unexpected reactions are life threatening and can include extreme agitation, unexpected physical aggression, hallucinations, hyperthermia, delirium, and paranoia. One reaction resulted in a delayed overdose.
- Frontline workers suspect that GHB and/or MDMA with methamphetamine may be present in the local drug supply. This is not confirmed by data at this time.
- Dangerous drugs continue to circulate locally. Unregulated substances may be stronger and/or contain substances that cause unexpected adverse reactions.
- Please be careful and stay safe. Use at the Consumption & Treatment Services (CTS) site at 150 Duke Street West (Open 7 days a week, 9am-9pm, 8:30pm last call) or with someone you trust. Keep naloxone with you and know how to use it.

IF SOMEONE OVERDOSES:

1. Call 911
2. Administer naloxone if an opioid overdose is suspected
3. Do not give stimulants (e.g. crystal meth) as this can make the overdose worse
4. Continue to assist victim until paramedics arrive
5. The victim should accompany paramedics to hospital

IF USING SUBSTANCES:

- Never use substances alone
- Try a very small amount first
- If you use with a friend do not use at the exact same time
- Avoid mixing substances
- Have naloxone ready. Know how to respond to an overdose.

GET FREE NALOXONE

Naloxone kits are free and available for pickup at locations across Waterloo Region. For pickup at public health or a community partner location, click [here](#) or call 519-575-4400. For other locations in Waterloo Region and across Ontario, click [here](#).

Spokesperson for this alert: Region of Waterloo Paramedic Services

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WaterlooRegion
Integrated Drugs Strategy