

OVERDOSE ALERT

Date: November 3rd, 2020

5 Suspected Overdose Deaths in Waterloo Region

- Over the last week there has been 5 suspected overdose deaths in Waterloo Region.
- There have been reports of a dark red/maroon and black fentanyl circulating in Waterloo Region. The dark red/maroon fentanyl is reported to cause breathing problems and cardiac issues. The black fentanyl is reported to be very strong and causes long lasting sedation.
- Opioids like fentanyl are “downers” and can increase the risk of overdose.
- Please be careful and stay safe. Use at the Consumption & Treatment Services (CTS) site at 150 Duke Street West (Open 7 days a week, 9am-9pm, 8:30 last call) or use with someone you trust. Keep naloxone with you and know how to use it.

IF SOMEONE OVERDOSES:

1. Call 911
2. Administer naloxone if an opioid overdose is suspected
3. Do not give stimulants (e.g. crystal meth) as this can make the overdose worse
4. Continue to assist victim until paramedics arrive
5. The victim should accompany paramedics to hospital

IF USING SUBSTANCES:

- Never use substances alone
- Try a very small amount first
- If you use with a friend do not use at the exact same time
- Avoid mixing substances
- Have naloxone ready. Know how to respond to an overdose.

GET FREE NALOXONE

Region of Waterloo Public Health – 519-575-4400

Sanguen Health Centre – 519-603-0223

For other locations in Waterloo Region, click [here](#). Many pharmacies also provide naloxone. Click [here](#) to find a location near you.

Visit us at www.waterlooregiondrugstrategy.ca

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