



WaterlooRegion

Integrated Drugs Strategy

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Ontario
Trillium
Foundation



Fondation
Trillium
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WaterlooRegion
Integrated Drugs Strategy

Our vision is
to make Waterloo Region
safer and healthier

Our mission is to
prevent, reduce or eliminate problematic
substance use
and its consequences



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Integrated Drugs Strategy

- A community response to problematic substance use
- Hosted by a Steering Committee with broad representation
- Received 3-Year Ontario Trillium Funding in 2014
- Includes actions for change through a 4 pillar approach
 1. Prevention
 2. Harm reduction
 3. Rehabilitation and Recovery
 4. Justice and Enforcement



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Community Partner Engagement

Developing a multi-sectoral response to a complex
community issue

People with lived experience
Waterloo Regional Police Service
School Boards
Early Years Centres
Public Health
Ray of Hope
House of Friendship
Regional Government
Cambridge Shelter

Housing – Region of Waterloo
U of W School of Pharmacy
Regional Pharmacists Association
Towards Recovery/OATC
Probation and Parole
Community members
ACCKWA
Sanguen Health Care
Region of Waterloo Paramedic Services



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Prevention

- Wide representation of stakeholders
- Synthesized prevention games, mobile apps, literature and best practices for youth, parents & teachers
- Resources found on our website
- Developed new **opioid** information package for teachers, youth and parents
- **Cannabis** prevention/'delaying' resources (coming soon)
- Working on shared messaging regarding substance use and youth





Waterloo Region Integrated Drugs Strategy

www.waterlooregiondrugstrategy.ca



[Home](#) [About the Drugs Strategy](#) [Youth, Parents & Teachers](#) [Find Support](#) [Overdose Monitoring \(OMARS\)](#) [Contact](#)



Welcome to the Waterloo Region Integrated Drugs Strategy

The strategy's vision is to make Waterloo Region safer and healthier. Its mission is to prevent, reduce or eliminate problematic substance use and its consequences.

Drugs Strategy News and Updates

OVERDOSE ALERT ISSUED - DECEMBER 5th, 2016 - CARFENTANIL IN FOUND IN WATERLOO REGION

Thank you to our Service Providers and Speakers who attended our Opioid Awareness Workshop on December 16th. Presentations from the event can be accessed below:

- › [Ian Young - Fentanyl \(Policing Perspective\)](#)
- › [Michael Beazely - Opioids](#)
- › [Kelly Grindrod - Naloxone](#)
- › [Robert Crossan - Paramedic Experience & Risks to Responders](#)

Do you know someone at risk of an opioid overdose? [Click here for information about where to access naloxone.](#)

Evaluating the impact of the Drug Strategy- check out our newly developed [Evaluation Framework!](#)

Search

Twitter Updates

Tweets by @DrugStrategyWR



Smart city!
#Toronto to develop emergency #fentanyl crisis plan
c/o @joe_cressy **
cc @AMOPolicy @wrdrugstrategy

[beta.theglobeandmail.com/news/national/...](http://beta.theglobeandmail.com/news/national/)



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Overdose Prevention Education and Awareness- let's decrease stigma about substance use and overdose

Initiatives in the community

- Caregiver, Parents and Teachers (March 2017)
- Opioid Information Package for Parents, Teachers and Youth (March 2017)
- Substance Use Education sessions in Cambridge (May 2017)
- Letter to Parents', Teachers and the community (June 2017)
- Overdose Awareness Day (August 2016 & 2017) and prayer flags

Overdose Prevention Education and Awareness

Initiatives for Service Providers

- Opioid Workshop for 350 regional service providers (Dec. 2016)
- Community Pharmacists Education on naloxone with Public Health (2017)
- Crystal Methamphetamine and Brain Injury Workshops (2018)



Overdose Monitoring, Alert and Response System

- Community-based effort to collect & monitor proxy data
 - Community Survey: (www.omars.ca)
 - Interactive dashboard: Emergency Services 911 call data - updated every two weeks
 - Quarterly bulletins: summarizing local overdose data (EMS Calls, community survey data, naloxone distribution data)
 - Alerts: tainted substances or new substances ([🐦@DrugStrategyWR](https://twitter.com/DrugStrategyWR))
 - Number of suspected overdose fatalities: Waterloo Region Police Service data



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OVERDOSE ALERT

Date: October 26th, 2017

Cyclopropyl Fentanyl detected in Waterloo Region

- Health Canada has just notified the Waterloo Regional Police Service that a sample tested from Waterloo Region is Cyclopropyl Fentanyl.
- Cyclopropyl Fentanyl is a type of fentanyl, however its effects in people are unknown.
- Very little information is known about this substance.
- Overdose can occur via inhalation, ingesting, injecting or absorption through the skin – fentanyl is extremely toxic.
- Opioids (like fentanyl) can be mixed into other substances without you knowing.
- Please exercise caution when using any substance. There may be a risk of overdose due to cross contamination.

IF SOMEONE OVERDOSES:

- 1. Call 911**
- 2. Administer naloxone if an opioid overdose is suspected**
- 3. Continue to assist victim until paramedics arrive**
- 4. The victim should accompany paramedics to hospital**

IF USING SUBSTANCES:

- **Never use substances alone**
- **Try a very small amount first**
- **If you use with a friend do not use at the exact same time**
- **Avoid mixing substances**
- **Have naloxone ready. Know how to respond to an overdose.**

TO GET FREE NALOXONE AND OPIOID OVERDOSE TRAINING CONTACT:

- Region of Waterloo Public Health – 519-575-4400
- Sanguen Health Centre – 519-603-0223



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Harm Reduction

- Expansion of Harm Reduction Services
- **Community consultations** underway regarding supervised injection services
 - Supervised injection services provide a safe and clean environment for people to use their own drugs under the care of trained staff
 - prevent fatal overdoses
 - facilitate access to treatment, recovery and other health and social services
 - reduce sharing of needles and the spread of blood-borne infections
 - reduce drug use and improper disposal of needles in public places
- Community Survey – [safeinjectionwr.ca](https://www.waterlooregion.ca/safeinjectionwr.ca).

Advocating for timely and accessible addiction treatment services

- Rapid Access Addiction Clinics
 - Quick access to an addiction **physician & counsellor**
 - **Medications** for withdrawal and alcohol cravings or opiate agonist therapy if indicated
 - Establishes a **care pathway** between the emergency room, addiction medicine clinic, withdrawal management services and family doctors
 - Locations will be added for Kitchener/Waterloo and Cambridge

Stay involved....

- **Stay informed.** Visit our website www.waterlooregiondrugstrategy.ca and subscribe to our twitter account  @DrugStrategyWR
- **Attend one of our events** (overdose awareness day or educational events)
- **Don't be afraid to ask questions**
- **Have conversations at home** – stay supportive and compassionate
- **Talk to the young people in your life**
- **If you have concerns, contact your local MPP/MP**