

OVERDOSE ALERT

Date: March 2, 2022

Increased Risk of Overdose in Waterloo Region

- Since February 27th-March 1st, staff at the Kitchener CTS have responded to 11 overdoses. Many overdoses required multiple doses of naloxone.
- There are no reports of a specific colour of substance circulating.
- Substances may be stronger than expected and/or contain substances that cause unexpected reactions. Dangerous drugs continue to circulate locally causing an increased risk of overdose.
- Please be careful and stay safe. Use at the Consumption & Treatment Services (CTS) site at 150 Duke Street West (Open 7 days a week, 9am-9pm, 8:30 last call) or use with someone you trust. Keep naloxone with you and know how to use it.

IF SOMEONE OVERDOSES:

1. Call 911
2. Administer naloxone if an opioid overdose is suspected
3. Do not give stimulants (e.g. crystal meth) as this can make the overdose worse
4. Continue to assist victim until paramedics arrive
5. The victim should accompany paramedics to hospital

IF USING SUBSTANCES:

- Never use substances alone
- Try a very small amount first
- If you use with a friend do not use at the exact same time
- Avoid mixing substances
- Have naloxone ready. Know how to respond to an overdose.

GET FREE NALOXONE

Naloxone kits are free and available for pickup at locations across Waterloo Region.

For pickup at public health or a community partner location, click [here](#) or call 519-575-4400. For other locations in Waterloo Region and across Ontario, click [here](#).

Spokesperson for this alert: Kitchener CTS - Violet Umanetz

Visit us at www.waterlooregiondrugstrategy.ca

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