

COMMUNITY DRUG ALERT

November 3, 2022

**Contaminated Drug Supply – Sold as Xanax Pills (may contain LSD or Fentanyl)
Five suspected overdose-related incidents in the last 24 hours.**

- Xanax is a Benzodiazepine similar to Ativan or Valium, which are "downers."
- On November 2nd, five youth consumed pills described as being white or yellow Xanax pills, which may contain LSD or Fentanyl. All youth were transported to hospital, no fatalities occurred.
- Reported symptoms included drowsiness, aggressive behaviour and laboured breathing with speech affected.


IF YOU THINK SOMEONE IS OVERDOSING:

1. Call 911.
2. Administer naloxone if an opioid overdose is suspected.
3. Perform rescue breathing and/or chest compressions.
4. Do not give any other substance(s) because this can make the overdose worse.
5. If no improvements, continue to give naloxone 2-3 minutes apart until paramedics arrive.
6. If you have to leave the person unattended, put them in the recovery position.

IF USING SUBSTANCES:

- Never use substances alone. If using with a friend, do not use at the exact same time or use the National Overdose Response Service (NORS) at 1-888-688-6677.
- Try a very small amount first and use less drugs when your tolerance may be lower.
- Avoid mixing substances – do not use with marijuana or other downers (e.g. benzos, alcohol, and other opioids).
- Have naloxone ready and know how to use it.
- Use at the Consumption & Treatment Services (CTS) site at 150 Duke Street West (Open 7 days a week, 9am-9pm, 8:30pm last call).
- The Good Samaritan Drug Overdose Act provides immunity from simple possession charges for those who call 911 in an overdose situation.

RESOURCES

Get a Naloxone Kit	Get Alerts	Get Support
<p>Naloxone kits are free and available for pickup across Waterloo Region.</p> <p>For pickup at public health or a community partner location, visit regionofwaterloo.ca/harmreduction or call 519-575-4400.</p> <p>For other locations in Waterloo Region and across Ontario, visit Ontario.ca/naloxone.</p>	<p>Follow us on Twitter for overdose alert updates: @DrugStrategyWR.</p> <p>To sign up to receive alerts, visit waterlooregiondrugstrategy.ca or scan the QR code with a mobile device.</p> 	<p>Call Here 24/7 for addiction, mental health, and crisis services anytime for support.</p> <p>1-844-437-3247 1-844-HERE247 here247.ca.</p>

Media Request Inquiries:

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